



CUB SCOUT ACADEMICS AND SPORTS PROGRAM



Sports Bicycling

Belt Loop

Complete these three requirements:

- _____ 1. Explain the rules of safe bicycling to your den leader or adult partner.
- _____ 2. Demonstrate the correct fit of a bicycle helmet.
- _____ 3. Show how to ride a bike safely, using all hand signals and following all safety and traffic rules. Ride for at least half an hour with an adult partner, your family, or your den.

Sports Pin

Earn the Bicycling belt loop, complete requirement 1 below, and do four additional requirements:

- _____ 1. Record on a chart at least 10 hours of bicycling. (Required)
- _____ 2. Participate in a pack, den, or community bike rodeo.
- _____ 3. Demonstrate how to repair a flat tire on a bicycle.
- _____ 4. Make a poster illustrating different types of early bikes and show it to your den.
- _____ 5. Demonstrate to your den or pack the use of proper bicycling safety equipment.
- _____ 6. With the help of a parent or adult partner, register or reregister your bicycle.
- _____ 7. Go on a "bicycle hike" with your family or den. Obey traffic rules related to bicycling.
- _____ 8. Repair or restore a nonfunctioning bicycle to a safe condition. Include the installation of all proper safety devices.
- _____ 9. Visit a bicycle race or exhibition.
- _____ 10. Help set up a bike rodeo or bike competition for your pack.

Cub's Name: _____ Parent's Signature: _____

Initial each item completed, sign the form, and turn in to your son's Den Leader.