



# CUB SCOUT ACADEMICS AND SPORTS PROGRAM



## Sports Baseball

### Belt Loop

Complete these three requirements:

- \_\_\_\_\_ 1. Explain the rules of baseball to your leader or adult partner.
- \_\_\_\_\_ 2. Spend at least 30 minutes practicing baseball skills.
- \_\_\_\_\_ 3. Participate in a baseball game.

### Sports Pin

Earn the Baseball belt loop, and complete five of the following requirements:

- \_\_\_\_\_ 1. Participate in a pack or community baseball tournament
- \_\_\_\_\_ 2. Demonstrate skill in two of the following throwing techniques: overhand, sidearm, underhand, and the relay throw.
- \_\_\_\_\_ 3. Demonstrate skill in two of the following catching techniques: fielding a ground ball, fielding a pop-up, catching a line drive.
- \_\_\_\_\_ 4. Demonstrate correct pitching techniques.
- \_\_\_\_\_ 5. Demonstrate correct hitting techniques, including bunting.
- \_\_\_\_\_ 6. Explain the rules of base running. Explain base coaching signals.
- \_\_\_\_\_ 7. Demonstrate skill in the following sliding techniques: the straight-in slide, the hook slide, and the headfirst slide.
- \_\_\_\_\_ 8. Play five games of baseball using standard baseball rules.
- \_\_\_\_\_ 9. Draw a baseball field to scale or set one up for play.
- \_\_\_\_\_ 10. Attend a high school, college, or professional baseball game.
- \_\_\_\_\_ 11. Read a book about a baseball player and give a report about him or her to your den or family.

Cub's Name: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

Initial each item completed, sign the form, and turn in to your son's Den Leader.